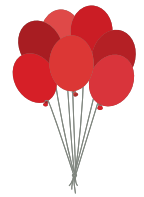




February Newsletter



**Happy Birthday to Rocklands Community Shop
3 years of serving the community! Well done everyone!**

Catch up with news about your shop on: rocklandscommunityshop.co.uk

We have a new cash deposit facility at the Post Office.

Customers can pay cash into their accounts at the following banks: Bank of Ireland, Clydesdale Bank, Lloyds Bank, Halifax, NatWest, RBS, Ulster Bank and Yorkshire Bank. You just need to bring a valid paying-in slip and the cash. We're going to introduce more banks that you can use this facility with soon. The Post Office keeps the same hours as the shop, even Sundays! Deal with your post, despatch parcels, buy stamps for the birthday cards you just bought, use the Drop & Go service, buy euros and US dollars or order other currencies or withdraw cash.



Mother's Day 26th March

There are lots of great ideas in the shop for Mother's Day. Wine, chocolates, teddies, manicure sets and biscuits, plus a good selection of cards. Don't forget we are open on that Sunday for last minute buys!

Easter goodies on sale now.

Lovely chocolates, a specially wine chosen by Adnams to complement your Easter roast and fresh flowers and plants. We are now taking Easter orders for Barnard's meats and fresh local breads. We are also running our usual Easter Bunny Hunt and forms will be available in the shop from 13th April. They are £1 each and there is a small prize for each completed form.



THE PRINCE'S
COUNTRYSIDE
FUND

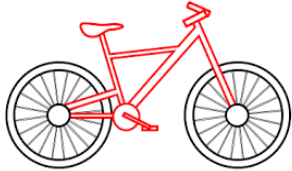


Allergy friendly foods.



Your shop stocks a range of allergy friendly foods including soya milk and gluten free products.

We are always happy to have your suggestions for any new lines you would like to see on the shelves.



Cycle rides



Our inaugural ride was well supported. Despite the appalling weather 10 hardy souls completed a 10 mile ride successfully. Build muscles, get stiff joints moving, and raise heart rates; join the Rocklands Community Shop **Cycle Club** around some of your favourite countryside.

We meet at **9.45 am on alternate Sundays**[2nd April,16th April] start and finish at the shop, cycle hats compulsory and children must be accompanied by an adult.

More details at the shop.

Calling all Crafters! Do you have hand crafted items you would like to sell in our Craft Corner? Please speak to one of our lovely staff to book a space.



Volunteers!!!

We are always in need of new volunteers and without more help we may have to restrict your shop's opening hours. If you can spare any time to help please ask one of our managers.

Opening hours for Easter: Good Friday 8am - 4pm, Saturday 7.30am -5.30pm, Easter Sunday Closed, Easter Monday 8am - 4pm,

We offer most of the services of a full Post Office, including car-tax, and cash withdrawal, pre-ordering of foreign currency, bill payments, mobile phone top-ups, electric key top ups and **One 4 All gift cards**

Monday – Friday: 7.30am to 6.30pm

Saturday: 7.30am to 5.30 pm

Sunday: 8.30am to 1 pm



The Rocklands Community Shop Ltd, 52 The Street, Rockland All Saints, Attleborough, Norfolk, NR17 1TP Tel: (01953) 483855

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